



# Jan/Feb 2024

## NEWSLETTER

### Themes

#### Snow Friends

Winter is a time to bundle up and get outdoors to play in the fluffy, white snow! Children will explore snowflakes, snowmen, and ice this month. They will also develop an awareness of many animals that live in snowy places.

#### Scribbles and Splats

Bring out your easels and paint palettes, this theme invites children to discover their inner artist! Painting, coloring, and shaping playdough are just a few of the art techniques explored. Children will also learn about art tools, helping to clean up, and the beginning of self-expression.

#### Kindness Counts

A little kindness goes a long way. Discover simple acts of kindness in this special theme. Children will practice sharing, learn about basic affection and the names of different feelings, and explore simple ways to show others that they care.

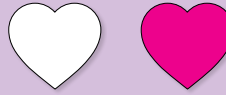
#### Food Parade

Set the table and strike up the band—it's a food parade! Children will enjoy discovering delicious and colorful fruits and vegetables as they learn about healthy food choices.

### Vocabulary

snowplow, arctic foxes, penguins, painting, clay, pastels, friendship, sharing, blowing kisses, healthy plate, fruits and vegetables, spaghetti

### Colors/Shapes



### Opposites

clean/dirty

### Sign Language



color

Take your fingers to your chin and wiggle them in place.



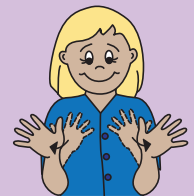
eat

Squished O hand moves back and forth to mouth as if eating.



more

Bring fingertips together a few times.



all done

Turn palms upward and then outward.



milk

Right hand squeezes as if milking a cow.



water

Right hand W taps chin with index finger.

## Learn with Me!

#### • Bundle Up

Ask your child for help finding stuffed animals, socks, scarves, blankets, and pillows around the house. Engage together in pretend play. Invite your child to imagine that the stuffed animals are cold on a snowy day. What can you do together to make the stuffed animals feel warm? Invite your child to help bundle up the stuffed animals. What other ways can the winter gear you gathered be used? Now that everyone is all warm and cozy, snuggle together and read a book with the stuffed animals.

#### • Shapes at Dinner Time

Practice setting the table at home with your child. As you work together, invite your child to notice that there are shapes everywhere. Help your child notice the shape of the table, chairs, and plates. Are there different sizes of plates? Are there patterns on them?

#### My Project: Spaghetti and Meatballs

When I bring this project home, we can:

- Observe the project's colors and textures.
- Make an easy spaghetti and meatballs recipe together.
- Pretend play with the project and other toy foods and kitchen items.



*Graphic is intended to show sample of project. Materials may be substituted or used differently.*

